

Swim Lessons

Receive \$5.00 off lessons upon presentation of Highwood Comm. Membership

Level	Length	Cost
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Special Events

Community Appreciation Day 2:00 to 5:00pm
Saturday, June 18 Enjoy the 1st day of the new swim season.
 Lawn games, bubble blowing, penny dives, jelly bean jar guessing.
 Show your community association membership and get in free!

Schools Out ! Youth Party 8:00 to 10:30pm
Thursday, June 30 Dance to the DJ, water skills, Minute To Win It, try to wear a frozen t-shirt contest, giveaways, snacks and more!
 ** Special Guest - Calgary Singer Annie Pattison www.anniepattison.com

Family Pool Party 2:00 to 4:00pm
Saturday, July 30 Head out to the pool to celebrate summer!
 Hosted in partnership with Calgary Community & Neighborhood Services

Water Safety Picnic 2:00 to 5:00pm
Saturday, August 13 A fun day of games, coloring sheets and giveaways for all to enjoy. FREE admission to all swim lesson participants.

So Long Summer ! Youth Party 7:00 to 9:00pm
Friday, August 26 The best bash of the summer! Don't miss. Games, hot tub, prizes, snack, and more!
 Hosted in partnership with Calgary Community & Neighborhood Services

Pool Rentals

The Pool is a FUN & SAFE environment for birthday parties, field trips sports team wind-up, schools & family, day camps or group functions.
 Pool Rentals Include: Lifeguards, BBQ use and pool toys.

All rentals must be paid for at time of booking. No holds accepted.

# of People	Cost per Hour	Times Available	
50 or less	\$80.00	Sat. / Sun.	10:00am - 12:00
51 - 100	\$110.00		8:00 - 10:00pm
101 - 150	\$160.00	Weekdays	8:00 - 10:00pm
151 +	\$200.00	Other times upon request & availability	

\$5.00/hr off rentals when presenting a current Highwood Comm. Membership

Memberships may be purchased at the pool.

Other Programs

Stroke Improvement: Aes 7+ No Water safety will be taught.
 Focus on technique & stroke development from the swml kids levels.
 FREE with regular admission. Swimmers must register in advance.
 Weekdays 7:00 to 7:30pm Sat. or Sun. 1:00 to 1:30pm

Lane Swim: Regular Admission
 Mon. to Fri. 8:00 - 9:00am / noon - 1:00pm / 5:00 - 6:30pm
 Sat. / Sun. 1:30 to 2:30 & 5:00 to 6:30pm (1 or 2 lanes)

Red Cross Basic Babysitter Course: Age 11+ \$65.00
 Learn skills to use in caring for younger children; basic 1st Aid, handling emergency situations, & strategies to create a safe & happy environment.
 Includes babysitter workbook, mini 1st Aid kit, completion card & backpack.
 Date: July 4 - 7 or Aug. 22 - 25 1:00 to 3:00pm. Free swim 3:00pm on after course.

Highwood Outdoor Pool

Summer 2011

Connecting Communities

at 25 Holmwood Ave. NW



COME ENJOY OUR:

25M Pool
 Youth Slide
 Wading Pool & 2 Tot Slides
 Day Camps
 Public Swim
 Private Rentals
 Red Cross Swim Lessons
 Concession
 Lane Swim
 6 Picnic Tables
 Sheltered Picnic Area
 and MORE!

OPEN TO THE PUBLIC 7 DAYS A WEEK
June 18th - Sept. 5th

25 Holmwood Avenue N.W.
 Calgary, Alberta
 Phone: (403) 221-3574

(off Northmount Dr. behind Colonel Irvine Jr. High)

www.highwoodoutdoorpool.com

All information in this guide is subject to change.

We accept Visa, M/C, Debit, Cash

Leadership Programs (minimum 4 participants required to run)

AEC / NLS	\$250.00
Prerequisite: Age 16 and Bronze Cross	
Date: Aug. 8 to 12 Time: 9:00am to 5:00pm	
Bronze Medallion	\$190.00
Prerequisite: Age 13 and ability to swim 400m in 12 minutes	
Bronze Cross	
Prerequisite: Age 14 and ability to swim 600m & bronze Medallion	
Date: July 19 to 22 Time: 10:00am to 5:00pm	
NLS Recert	\$70.00
Recertification to maintain NLS certification. Age 17+	
Date: June 27 or Aug. 8 Time: 4:00 to 8:00pm	
AWSI (Assistant Water Safety Instructor) Age 15+	\$200.00
Please see website for course details	
Date: June 20 - 24 5:00 to 8:00pm, 25 & 26 9:30am to 5:00pm	

Children under 7, regardless of swimming ability must be within arm's reach of a responsible person age 14+ at all times when in main or wading pool. Under 7 ratio is 1 adult:3 children.

Level	Length	Cost
Parented & PreSchool	30 minutes	\$40.00
Swim Kids 1 - 3	30 minutes	\$40.00
Swim Kids 4 & 5	45 minutes	\$45.00
Swim Kids 6 - 10	60 minutes	\$50.00
Swim Patrol	60 minutes	\$50.00
Times (Monday-Friday)		
Sea Turtle , Salamander	9:30 to 10:00	10:30 to 11:00
Sunfish, Crocodile, Whale	9:00 to 9:30	10:00 to 10:30
Swim Kids 1	9:30 to 10:00	10:30 to 11:00
Swim Kids 2	9:00 to 9:30	10:00 to 10:30
Swim Kids 3	9:00 to 9:30	10:30 to 11:00
Swim Kids 4	9:00 to 9:30	
Swim Kids 5	9:30 to 10:15	
Swim Kids 6	10:15 to 11:00	
Swim Kids 7	9:30 to 10:30	10:30 - 11:30
Swim Kids 8 & 9	9:30 to 10:30	
Swim Kids 10	10:30 to 11:30	
Stroke Improvement Class	see other programs	
Swim Patrol (Rookie, Ranger, Star)		10:30 - 11:30

Session Dates

Session 1	July 4 to 8		
Session 2	July 11 to 15		
Session 3	July 18 to 22		
Session 4	July 25 to 29		
Private Lesson	Aug. 2 to 5 (4 days)		
Session 5	Aug. 8 to 12		
Session 6	Aug. 15 to 19		
Session 7	Aug. 22 to 26		

OR...you choose the day & time. Call today to book your private lessons.